

PROBUS Club of Oshawa Newsletter: August, 2021



**2020 - 2021
Executive:**

Vacant,
President

Vacant,
Vice President

Maria de Jong,
Past President

**Marlene Allen
Pat Bayus,**
Secretaries

**Garry
Christenson,**
Treasurer

Marilyn Thaxter,
Social Committee

**Elaine Lopes
Anne MacKay,**
Special Interest
Groups
Coordinators

Sheila Leonard,
Speakers
Committee

Connie Nelson,
Membership
Chair

Maria Upton,
House
Committee

**Jacqueline
Frank,**
Archivist

David Hardy,
Web Master

Cindy Fleming,
Newsletter Editor

Our PROBUS Club of Oshawa has been holding VIRTUAL GENERAL MEETINGS since September 2020.



YOUR 2021-2022 MANAGEMENT TEAM

On behalf of all of our members, I would like to thank all of the current members of the Management Team who have stepped up again, and welcome those members joining the Team for the first time! And

thank you to all of our members who voted by email to accept the Motion for our proposed Slate of Officers as made by Connie Nelson and seconded by Lorraine Veroba.

Here is our PROBUS Club of Oshawa Management Team for 2021-2022. The new Team will be inducted at our September Annual General Meeting.

Past President	Maria de Jong
President	Garry Christenson
Vice President	Chuck Keller
Co-Secretaries	Marlene Allen, Pat Bayus
Treasurer	Nancy Exworth
Webmaster	Dave Hardy
Archivist	Jackie Frank
Newsletter Editor	Cindy Fleming
House Convener	Maria Upton
Membership Chair	Connie Nelson
Special Interest Groups Co-Chairs	Elaine Lopes, Anne MacKay
Social Committee Co-Chairs	Jackie Frank, Gerry Henderson
Speaker Committee Chair	Sheila Leonard
Members-at-Large	Marlene Owen, Sharon Smith

Please note that we will still need more of our members to step up and help out, especially in figuring out the protocols and procedures for our transition period, and help with technology and support with outdoor and eventually indoor meetings. If you are asked, please say yes; if you have ideas please step up and let us know how you can help. Nothing in our Club happens unless our members volunteer to make it happen. So please lend your help and support and we hope you will look forward to and participate in the Social and Interest Group events being planned! Contact me at mariska578@gmail.com

*Maria de Jong
Past President*



AUGUST GENERAL MEETING

Our next **ZOOM Virtual General Meeting** will be on Tuesday, August 10th at 10 AM.



EASY STEPS TO PARTICIPATING IN OUR GENERAL MEETINGS VIA ZOOM

- Use your browser to go to the website, **www.zoom.us**
- At the top right corner of the screen that opens up, click on the button, that says **JOIN A MEETING**
- Enter the **Meeting ID code** sent to you by email a day or so before the meeting date.
- Enter the **Passcode** as directed.
- You will be put into a Waiting Room, until you are admitted by the Host.
- Once in the meeting check the toolbar at the bottom of your screen to see that your **Video** is on. If not, click it to on.
- You can also check that your **Audio** is on the same way. You will be asked to **Mute** your audio during the Speaker sections of our General Meeting.

If you need further assistance getting familiar with getting on and using ZOOM, please contact Maria de Jong at mariska578@gmail.com.



AUGUST SPEAKER – Dan Buchanan, Author

Dan will speak on his recent book published in August 2020 –“The Wreck of HMS Speedy: The Tragedy that Shook Upper Canada”. In his presentation Dan will go over the events that led up to the sinking of the HMS Speedy in 1804 off Presqu’ile Point near Brighton, Ontario. He will talk about the work of Ed Burt, the commercial diver, who believed he had found the remains of the Speedy off the coast of Brighton in Lake Ontario, in the early 1990’s.

Dan is known as: “The History Guy of Brighton”. He is engaged in many history activities related to local and Ontario History, working from his home in Brighton, Ontario. He has written two other history books: “Murder in the Family: The Doctor King Story” and “38 Hours to Montreal: William Weller and The Governor General’s Race of 1840”.



Welcome to new members Marilyn and Wayne Lannon. This brings our number of members to 259.

Membership and Social are planning a New Member Event, providing a chance for newer members to meet and learn more about PROBUS and the activities we provide. Invitations will go out via email to the 19 members who have joined our club since the last New Member Event held in 2019. The event will be held on the patio at the 420 Wing, RCAF Association, 1000 Stevenson Road North, Oshawa from 2 PM to 4 PM on Thursday, August 26th. Refreshments will be provided and all COVID precautions will be observed.

If you do not wish your membership to be renewed at no cost for the upcoming year, please email Connie Nelson at connienelson@rogers.com or call her at (905) 576-9022. An updated membership list will be sent to members in September.



To follow the links within this Newsletter, don’t forget to “Ctrl + Click”.

SOCIAL EVENTS



Local Discovery Tour!

It's time for some fun! Come and join us on our Local Discovery Tour!

The tour has been divided into three separate events with different routes. Each event should take you up to 2 hours to do. You can do it in one day if you wish, or you can take your time and do it in two. No pressure! Your passenger(s) can be a family member or a friend. This is not limited to PROBUS members.

The dates of the three events are:

- 1st: August 7 and 8**
- 2nd: September 11 and 12**
- 3rd: October 2 and 3**

You can register for one, two or three events. The cost for each event is \$10 per car.

To participate in the first event, please register at socialregisteroshawaprobus@gmail.com no later than August 3rd. Cheques are payable to PROBUS Club of Oshawa and can be mailed or dropped off at one of the following members' homes: Marilyn Thaxter, Jean Wilson or Jackie Frank.

After receiving your registration and payment, we will email you the itinerary/route the evening before the event. You will then be ready to start your discovery tour from your own driveway. Hopefully you will discover things you did not know about the area and have fun doing it.

NON-PROBUS SPONSORED EVENTS FOR YOUR INFORMATION



Many local venues are resuming operations. Check them out!

Robert McLaughlin Gallery; <http://rmg.on.ca/>

Regent Theatre: <https://tickets.regenttheatre.ca/>

Durham Regional Film Festival: <https://www.driff.ca/shifting-the-narrative>

What's on in Durham Region: <https://www.durhamregion.com/durhamregion-events/>

Parkwood National Historic Site: <https://www.parkwoodestate.com/> The Annual Parkwood Basement Tours will be starting in the first week of August (McLaughlin Day week). PROBUS Member Janet Dowson will be volunteering on Monday, August 5th at 11:30 AM and Friday, August 6th at 12:30 PM and would love to see some of our PROBUS members there.

Capitol Theatre: <https://capitoltheatre.com/>

Station Gallery: <https://www.stationgallery.ca/>

The Loft Cobourg: <https://cobourglift.ca/>

Free Webinar Series



In partnership with the [Canadian Battlefields Foundation](#) and the [Juno Beach Centre Association](#), the Laurier Centre for Military Strategic and Disarmament Studies is pleased to announce the Maple Leaf Route Webinar Series. Every two weeks from May to September, we will be following Canadian and British Commonwealth soldiers as they landed on D-Day in June 1944 and fought their way inland at the Battle of Normandy.

Register at canadianmilitaryhistory.ca/webinar to access August's Webinar topics - Canadian Army Officer Discipline and Martial Justice, 1944-45 on August 11th and Remembering the Canadians in Normandy on August 25th.

JUST A BITE

Summer Food Memories from Ontario Seniors

Summoning all seniors! Share your summer food memories!

The Culinary Historians of Canada (CHC) sponsored by a grant from the New Horizons for Seniors Program, invites Ontario seniors to share their youthful memories of foods and meals eaten in summers long past. This is a project to preserve and share memories from the months between the summer and fall equinoxes. What funny and fond memories do you have of:

- Feasts, banquets, picnics, buffets, snacks, suppers eaten?
- Gardens harvested?
- Festivals, Pow Wows celebrated?
- Community cookbooks written?
- Farms, historic sites, family members, towns, food shops visited?
- Recipes and cooking skills shared (between generations)?
- Fairs, family reunions, beach parties, wiener roasts, sports events, plowing matches, country fairs weddings attended?

The CHC looks forward to *Just a Bite* being a CHC legacy project with your help!

A workbook has been designed to elicit your memories. They can be short stories, anecdotes, jokes, artwork, poems, recipes, and/or photographs with captions.

This workbook of questions is available in both paper and digital formats. You can request up to ten paper workbooks. You are welcome to give them to friends. There is no fee to participate.

How to Request a Workbook

To request either format:

Via email: info@culinaryhistorians.ca

Via phone: Samantha George
(289) 928-2660

Deadline: 15 September 2021

How to Return a Workbook

To return a filled workbook or submit an item:

Via email: info@culinaryhistorians.ca

Via post to: Culinary Historians of Canada
Box 149, 260 Adelaide Street
East Toronto, ON M5A 1N1

Deadline: 30 September 2021



Soper Creek Wildlife Rescue is having an Open House on August 22nd, from 9 AM to 5 PM. The cost is \$10 per person. The PROBUS Club of Oshawa

was planning an event there that had to be cancelled due to the pandemic.

SPECIAL INTEREST GROUPS



If your group is meeting, don't forget to send photos of your activities to be included in the newsletter.

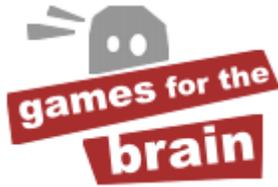


BOOKWORMS – Maria Upton and Barb Jones

The Bookworms held a ZOOM meeting on July 27th to arrange their fall schedule. The Club will hold its September meeting outside at Elfrida's home if they are able, a ZOOM meeting will also be arranged as back up. Their September book selection is: "City of Girls" by Elizabeth Gilbert.

PROBUS BOOK CLUB - Mary Kelcey

The PROBUS book club will not be meeting during July and August.



BRAIN GAMES – Jackie Frank

Brain games will resume in September.



GOLF



Rein, Barrie, Sylvia and Mary enjoying a round of golf at Spring Creek Golf Course



LUNCH GROUP – Connie Nelson

The lunch group will meet for the first time this year at a patio in August, observing all COVID precautions.



MOVIE GROUP – Mary Gibson

FRIDAY NIGHT AT THE MOVIES

The Friday Night at the Movies ZOOM group chat is now at 14 people. Movies are suggested by the members for the next meeting - (every two weeks). The group will continue meeting during the summer. Next group chat is Friday, August 6th. The shows the group will be discussing are: The Chicago 7 and Lupin on Netflix. The shows for the August 20th Zoom will be picked on August 6th.

Please contact Mary Gibson, at marmojl245481@gmail.com on the Monday prior to the group chat for the ZOOM Meeting ID and Password if you wish to attend. The movies are available on Netflix. Please watch them before the meeting.

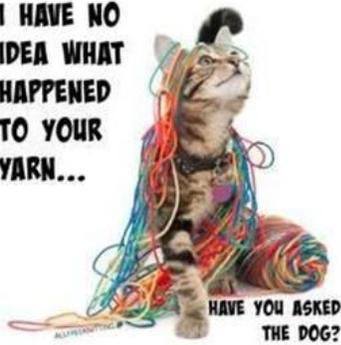
URBAN POLE WALKING – Sharon Smith



Pole walking is scheduled for Monday and Friday at 9 AM according to schedule (weather permitting). Contact information: sharonlsmith@sympatico.ca

PROBUS Urban Pole Walking Schedule for August, 2021	
9 AM start	
August 2 Monday	Harmony Creek Trail. Parking at Rossland and Wilson Plaza near Tartan Pub (due to construction on the trail at Adelaide, we will go north first and then south to Adelaide up to where it is blocked from going further).
August 6 Friday	Darlington Park Trail – Col Sam Drive past GM building. Turn right on dirt road and follow to parking at the end
August 9 Monday	Oshawa Creek Trail. Simcoe South, right on Mill Street to STORIE Park Clubhouse for parking
August 13 Friday	Cullen Gardens Trail. Taunton Road, Turn north on Cochrane. Right at 2nd dirt road toward Pickleball courts.
August 16 Monday	North/South Rail Trail. Park at Senior’s Centre at Beatrice & Ritson Roads. Connect to trail behind Centre
August 20 Friday	Waterfront Trail at Whitby Shores. Gordon Street South (off Victoria Street west) to the end, turn left parking and entrance
August 23 Monday	Waterfront Trail. Meet at UNIFOR building on Phillip Murray Drive. Park to left and back closest to the lake.
August 27 Friday	Darlington Park Trail – Col Sam Drive past GM building. Turn right on dirt road and follow to parking at the end
August 30 Monday	Waterfront Trail at Whitby Shores. Gordon Street South (off Victoria Street west) to the end, turn left to parking and entrance

**I HAVE NO
IDEA WHAT
HAPPENED
TO YOUR
YARN...**



YARN DIVAS - Barb Jones

Our group was pleased to donate several blankets to Project Linus last month and several members are now working on Picc Line Covers (picc sleeves) for Mount Sinai hospital to be used by patients with cystic fibrosis or those undergoing chemo treatments.

The Yarn Divas have returned to in-person meetings...hurray! Weather permitting, our next meeting will be held on Wednesday, August 4th at 10 AM at the home of Sandra Hunt. If the weather

doesn't co-operate, we will have a Zoom meeting instead.

TidBITS

If any of our members have a favourite recipe, puzzle, photos of previous events, ideas on how interest groups are staying connected or any other information that might be of interest to others in our Club, please submit them to our newsletter editor, Cindy Fleming, (clf0808@yahoo.ca) for inclusion in the newsletter.

**life
hacks** **#721**

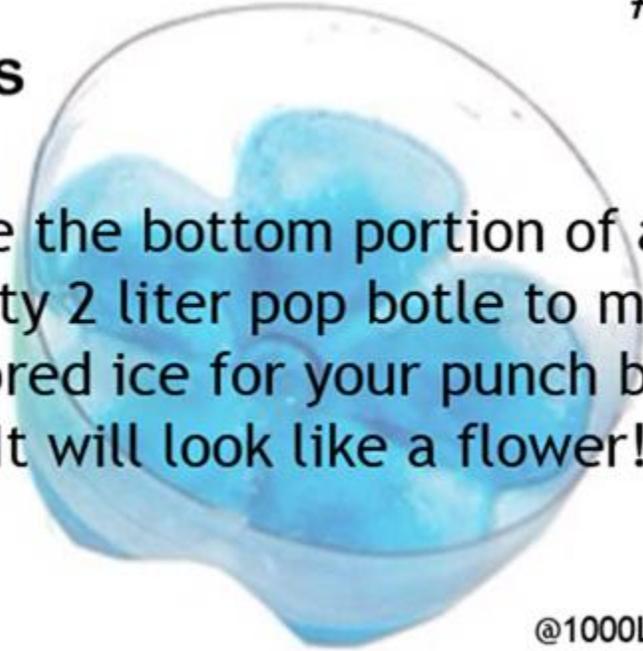
**When approaching a door,
look for the hinges. If you see
them, pull. If not, push. This
will help you avoid some
embarrassing moments!**

**@1000LifeHacks
1000LifeHacks.com**

**life
hacks**

#814

Use the bottom portion of an empty 2 liter pop bottle to make flavored ice for your punch bowl. It will look like a flower!



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Member Care

With a Club such as ours, we need your help to let us know if one of our members is experiencing a serious illness or is hospitalized. Our Club would like to let our ill members and their families know that they are in our thoughts as they deal with their illness with respect to the family's wishes for privacy.

In the same way, we need you to let us know if you become aware that a member, their spouse or close family member has passed on. Often the family does not think to contact our Club, or know who to contact under these difficult circumstances. We would like to respect the wishes of family and give our members the opportunity to express their condolences to the bereaved. Please let us know so we can respond appropriately. Email mariska578@gmail.com or oshawaprobustclub@gmail.com.



COVID 19 Fraud alert!

July 12, 2021: The Canadian Anti-Fraud Centre (CAFC) has received reports of phishing text message scams tied to COVID-19 vaccines. The text messages claim to be from the Government of Canada and will say that due to a recent vaccination, Canadians are eligible for a Vaccine Relief Fund. The message then tells you to claim your funds by clicking on a link. The goal is to steal your personal and/or financial information, which can be used for identity fraud. Don't click the link and don't provide any personal information.

For more information on the above alert and other scams click [here](#) for the CAFC's website.

PROBUS Club of Oshawa Website:

www.oshawaprobust.com

PROBUS CANADA Website:

www.probus.org

PROBUS GLOBAL

There are over 4,000 clubs worldwide with over 350,000 members. Of those there are over 260 clubs operating in Canada. What you may not know that PROBUS also has a **Global Club.**

PROBUS GLOBAL is open to any member of a PROBUS Club and provides an on-line forum to make connections to PROBUS members around the world.

<https://probustglobal.org>



The period from July 3rd to August 11th is referred to as the Dog Days of Summer. Where did the term come from? And what does it have to do with dogs?

According to the Farmer's Almanac the phrase is actually a reference to the fact that, during this time, the Sun occupies the same region of the sky as Sirius, the brightest star visible from any part of Earth and part of the constellation *Canis Major*, the *Greater Dog*. This is why Sirius is sometimes called the Dog Star.

In the summer, Sirius rises and sets with the Sun. On July 23rd, specifically, it is in conjunction with the Sun, and because the star is so bright, the ancient Romans believed it actually gave off heat and added to the Sun's warmth, accounting for the long stretch of sultry weather. They referred to this time as *diēs caniculārēs*, or "dog days."

Thus, the term Dog Days of Summer came to mean the 20 days before and 20 days after this alignment of Sirius with the Sun - July 3 to August 11 each year.