

**2023 – 2024  
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Vice President

**Chuck Keller,**  
Past President

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Secretary

**Nancy Exworth,**  
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Sharon Smith  
Peggy Gibson,**  
Social Committee  
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**Marlene Owen,**  
Special Interest  
Group Coordinator

**Sheila Leonard,**  
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**Cindy Fleming,**  
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**Jo Anne Thackeray,**  
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**Maria de Jong,**  
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**Anne MacKay,**  
Web/Zoom Master

**Connie Nelson,**  
Newsletter Editor

## **PROBUS Club of Oshawa Newsletter: January 2024**



**Next Membership General Meeting: January 9, 2024**

### **President's Message**

Happy New Year to all! I hope your Christmas break was enjoyable, and you were able to share it with those closest to you. Rod and I will be departing for Punta Cana, Dominican Republic in early January and I will be leaving PROBUS members in the capable hands of our Vice President, Wayne Lannon. He is looking forward to his term as President next September.

We are planning an exciting meeting to celebrate our 20<sup>th</sup> anniversary in February and would like to have any old photos you could lend us for displaying in February. Please bring these pictures and memorabilia to the January meeting and give them to Ria de Jong for inclusion in our display. We will return them to you.

As one year ends and another begins, I like to take stock in various areas of my life. I make sure that all my expenses from Christmas and last year are paid. I plan and budget for my next year of travel. Family and friends are very important as well and I feel good after re-connecting with long-term friends by way of Christmas cards (even if they are mailed in January).

It's a great time to include newer or would-be friends in our Christmas and winter meetings. Goals and achievements will be reviewed and new goals will be made. It is important to make goals as we age and have things to look forward to.

As far as New Year's resolutions are concerned.... that one is easy! I just carry forward last year's resolution that I have broken and hope to make it in the new year. Remember the saying, "if at first you don't succeed, try, try again". I am now nearing 40 years on my repeated long-time resolution. You can probably guess what that one is.

Stay warm, stay safe, and enjoy life in 2024.

***Marg Miller- President***

To follow the links within this Newsletter, don't forget to "Ctrl + Click".



## December Meeting



Pictures provided by Mary Gibson

## Message from PROBUS Global

The December 2023 Global Newsletter is included in the email as a separate attachment.

## Research Study – The Exercise Oncology Lab – University of Toronto

The University of Toronto is looking for breast cancer survivors and cancer-free women over the age of 65 across Canada to participate in a research study that explores the relationship between sitting time and cognitive functioning in breast cancer survivors and cancer-free, age-matched adults. The research study is completely remote and will be delivered via Zoom. Participants can complete the in the entirety of the program from the comfort of their own homes.

Attached as separate attachments to the email are the recruitment flyers for more information about the study. You can also find information about the study on University of Toronto website: <https://kpe.utoronto.ca/breast-cancer-survivors-needed-research-study>



### Some humour:

- What is a New Year's resolution? Something that goes in one year and out the other.
- They say New York City has the best New Year's celebration, but I say it's overrated. Every year they drop the ball.
- This New Year's, try not to make any poor decisions.
- The biggest reason to stay up until midnight on December 31 is to make sure 2023 leaves.





## MEMBERSHIP – CINDY FLEMING

Our current membership is 226. In December, we welcomed George and June Kelly.

**If you have changes to your contact information, please contact Cindy Fleming**



## Christmas Luncheon on Wednesday December 6<sup>th</sup>

On Wednesday December 6<sup>th</sup>, our Christmas Luncheon was held @ Kedron Dells Golf Club. 80 members enjoyed a traditional Christmas turkey dinner – a large salad, a heaping plate of turkey with stuffing, cranberry sauce, potatoes, and veggies, followed by an apple/cranberry cobbler w/ice cream for dessert, and tea and coffee.

**Check in:** Pat Henderson and Judy Bryson ensured everyone was accounted for at the door.



**Other social committee members** provided “parking lot patrol” (Pat Bayus), door reception (Bridget King), and helped the elves.

**The ELVES:** Sharon Smith, Peggy Gibson Donna Keller and Marilyn Lannon.



The elves lead everyone to their correct table, ensuring they knew their fellow table members. And pointed out the bar and washrooms.



**Pianist:** Marilyn Lannon rented a piano, practiced, and provided background music, and lead the carolling.

**The 5 Carollers.** After the meal, everyone sang Christmas carols, lead by the 5 carollers.



**Santa Claus:** Chuck Keller was drafted into the roll of Santa. He handed out the door prizes, based upon a random draw. Every winner got a picture on Santa's knee (except Bruno).

The prize winners were Lester Allick, Elfrida Jeppesen, Karen Beier, Joanne Thackery, Eleanor Beauchemin, Rod Miller, Bruno Scanga and Brian Jeppesen.

A large Thank you to Peggy Gibson's son, Ian, who donated 2 large poinsettia plants for our draw









Pictures provided by Gerry Henderson and Sharon Smith



Pictures provided by Brian Jeppesen



### **New activities:**

January 15<sup>th</sup> @ 1:00 pm: **Trivia** event at Thornton Arms. Cost is \$21

January 31<sup>st</sup>, midday: **Oshawa Art Gallery** for an afternoon showing, preceded by a luncheon at the gallery. The food will be catered by Berry Hill Food Co at the gallery. Cost: there is a small charge for the gallery, and each member is responsible for their luncheon costs.

February 12<sup>th</sup> @ 1:30 pm. A **progressive euchre** at Thornton Arms. Cost \$20

### **New activities in the planning stages:**

With interest showed through “expression of interest” signups at the December meeting, the following events are in the planning stages.

**Little Canada:** a tour in February. They have added the Maritimes to their display. The social committee will pick a specific date and entry time. Each member would purchase their own ticket in advance for that specific Date & Time. We would take the GOTrain to Union station, then TTC subway to the Dundas stop. Lunch/dinner to follow at an area restaurant after the tour.

Starting February 17<sup>th</sup>, the **Art Gallery of Ontario** is having a Rembrandt exhibition. Admission \$30 (upgrade to Annual Pass for only \$5 more.) We would GOTrain to Union station, then TTC subway to the St Patrick stop, or walk from Union to the gallery. The specific date in February to be determined. Lunch/dinner to follow at an area restaurant after the tour.

In March 2024, a tour of the Toronto **underground shopping mall**. IE: how to walk from Union Station to City Hall and not to get lost in the labyrinth of “streets” and stores. Event date & times to be determined. Lunch/dinner to follow at an area restaurant after the tour.

March 22<sup>nd</sup> at the Port Perry theatre – **Gordon Lightfoot** cost \$55

## Music Group



Pictures provided by Brian Jeppesen



## Thursday night coffee group pub night for Christmas



Pictures provided by Mary Gibson



## Local events/activities

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Every month, Pat Bayus will be listing events and activities happening in the region in the coming month. **If you know of such events, email the information to Pat before the 15 of each month at [sunvalleywatch@sympatico.ca](mailto:sunvalleywatch@sympatico.ca)**

**REGENT THEATRE Thursday, January 4th,** Classic movie of the month is showing **“Funny Girl”** a comedy with Audrey Hepburn and Fred Astaire. **7:00pm—9:00pm.** Admission is \$5.00 cash at the door and \$7.00 (advance online). Tickets include draw for prizes. Concession available for popcorn, drinks and treats 50 King St. E Downtown Oshawa.

**Thursday, February 1st,** Classic movie of the month is showing **“Double Indemnity”** crime drama starring Fred MacMurray, Barbara Stanwyck, Edward G. Robinson. Same as above.

**Thursday, January 11th at 8:00pm. Andre-Philippe Gagnon,** the number one singing impressionist in the world today. Known as “the man of a thousand voices: He is back with a brand-new show taking the audience on an unforgettable musical journey telling universally relatable stories of the songs that create the soundtracks of our lives.

**Saturday, January 13th at 8:00pm Scarecrow—John Mellencamp**  
Tribute Recreates the energy and authentic sounds of John Mellencamp and his bands from 80s and 90’s. Performances are a “Déjà vu” to many Mellencamp fans. Tickets can be purchased online at [tickets.regenttheatre.ca](http://tickets.regenttheatre.ca) . Or call the Regent Box Office at 50 King St. E. Oshawa 906 721-3399 ext 2.

**BILTMORE THEATRE Friday, January 5th at 6:30pm. “Candlelight Concert”** featuring “Antonio Vivaldi’s Four Seasons”. Live, multi-sensory musical experience to awe-inspiring locations, like never before seen in Oshawa. Tickets can be purchased on at “[allevents.im](http://allevents.im) or [feverup.com](http://feverup.com)” Tickets are \$27.00 to \$59.00.

Venue is Biltmore Theatre, 30 King Street E. Downtown Oshawa across from the Regent Theatre.

**Thursday, February 8th at 6:30pm and 8:45pm. “Valentine’s Day Special”**  
Candlelight performance is “Romeo and Juliet” . All information is the same as above. For more information visit Biltmore Theatre online.

**Cinechats** Thursday’s at 6:30pm. Join us every week year-round for the world’s best films—motion pictures to engage your mind and your emotions, with powerful stories and award-caliber performances followed by a lively informal conversation. Venue is Ontario Tech University & Durham College. Admission is \$3.00 pp. For more information visit [artsforum\\_magazine@yahoo.ca](mailto:artsforum_magazine@yahoo.ca) or call John at 905 576-0359



**Metropolitan Opera** Saturday, January 6th 2024 at 12:55pm. Live on screen, "Giuseppe Verdi's Nabucco"

**Saturday, January 27th, 2024 at 12:55pm** Live on screen, "Georges Bizet's Carmen"

Metropolitan Opera's Live on HD showing at Cineplex Theatre on Taunton Rd. E. at Harmony. Tickets purchased at the Cineplex box office. For more information and opera schedule visit [metopera.com](http://metopera.com) Live in HD

**Fabulous 4<sup>th</sup> Fridays** Friday January 26th, 2024 at 7:00pm-9:00pm. Performing is R&B: Citysoul Free to attend at **OSCC55+ Northview Branch** Registration encouraged Refreshments & cash bar  
Call 905 576-6712 EXT 2837 or visit [oscc.ca/fourthfridays](http://oscc.ca/fourthfridays) to register

**Oshawa Historic Museum in partnership with the Oshawa Public Library McLaughlin Branch** Tuesday, January 16<sup>th</sup> at 6:00pm will be held at the McLaughlin Branch of the Oshawa Public Libraries in the lower-level auditorium located at 65 Bagot St. Downtown near City Hall.

**Adam Arko's talk** will outline the **history of electric rail in Oshawa**, starting with the local electric railway which once serviced Oshawa. It will then detail a bizarre scheme to establish an electric commuter line between Oshawa and Toronto during the 1910's as well as a proposal for electric GO Train connected directly to downtown Oshawa. The talk will conclude with a very brief look at the prospect of electric rail returning to Oshawa in the future.

**Ontario Tech University & Durham College**, Downtown Oshawa Campus- Lectures & Public Events – Age friendly

Lecture taking place on **February 20th, 11:00am – 1:00pm** Keynote speaker is **Dr. Meghann Lloyd** – Internationally recognized researcher in the area of motor development and physical activity for children with developmental disabilities. The title of her talk will be "**It seems like so many kids are being diagnosed with Autism these days**" "**What does this mean for my grand/great grandchildren**" Register for the downtown campus community event and "spread the word"

Subscribe to Ontario Tech University Newsletter at [ontariotechu.ca/agefriendly/contact/index.php](http://ontariotechu.ca/agefriendly/contact/index.php) for more information Lectures and Events from our Age Friendly University.

## **SPECIAL INTEREST GROUPS**



If your group is meeting, don't forget to send photos of your activities to be included in the newsletter. Please send your information/photos to Connie Nelson by the 25<sup>th</sup> of each month.

**Special Interest Group Chair- Marlene Owen**

**AN INTERESTING ARTICLE IN TORONTO STAR REGARDING MARY KELCEY AND SKY DIVING is sent as a separate attachment.**

### **PROBUS BOOK CLUB - Mary Kelcey**



The PROBUS Book Club will meet on Thursday, January 25th at 1 PM at the home of Mary Kelcey. Maida Wheller will lead the discussion on "The Long Road to Mercy" by David Baldacci.

### **BOOKWORMS – Maria Upton and Barb Jones**

The Bookworms will be meeting January 23rd, 2024 with a discussion on the book entitled 'Last Thing He Told Me' by Laura Dave. Bernice Burke will be hosting the meeting at her home.



### **BRAIN GAMES – Jackie Frank**

The next Brain Games will be on Wednesday, January 17 at 10:00 a.m. at Jackie Frank's house. Please let her know if you are planning to come.



### **YARN DIVAS**

We will meet at Barb's at 10 a.m. on Wednesday, January 3 to knit, crochet, catch up and laugh!

If anyone has yarn to share or finished items ready to donate to a local charity, please bring them to the next meeting.

Yarn Divas is open to all Probus members who enjoy crafting with yarn. For more information, contact Barb Joes.



## MOVIE GROUP – Mary Gibson



If you want to get back into seeing movies in the theater, join us on Fridays -the first showing at the movie (usually between 10:30 and 1pm). contact Mary Gibson:

Netflix Zoom Friday Night Group

The zoom site (from Anne and future dates- every two weeks):

<https://us02web.zoom.us/j/88269617249?pwd=OEUrdWxSNjlyOThWa0tla0dVZGNLZz09>

Every 2 weeks on Fri, until Jan 5,2024,

Jan 5,2023 07:00 PM



## CHESS – Ed Taylor

The chess games are every Tuesday from 1:00 p.m. until you are ready to leave. It is quite informal.



## SCRABBLE – Judy Bryson

The date for Probus Scrabble is January 11 1:15 at 481 Masson St RSVP Judy Bryson 905-576-0492



## CRIBBAGE Group – John Manuel

This month's cribbage meeting is cancelled for the holidays, but please call John if you wish to be placed on the list for future games, beginning February 14.

## COFFEE AND CHAT – Bruno Scanga



We meet every Thursday from 6:30 pm to 8:00pm at the Tim's at Rossland & Thornton location. Everyone is welcome for chats and fellowship.

## LUNCH GROUP - Donna Keller and Marilyn Lannon

The ladies group met at Shrimp Cocktail for our Christmas lunch. So nice to see everyone decked out in their festival attire, you looked great. Lots of chatter and laughs, such a fun group of ladies. Thankyou all for attending, wishing you all a Very Merry Christmas, and the best 2024. Look forward to seeing you at a new restaurant January 16, maybe we can wear plaid, and celebrate Robbie Burns Day? Haggis anyone?







## URBAN POLE WALKING – Sharon Smith



Days: Monday and Friday mornings

Time: 9:30 am

Contact Information: [sharonlsmith@sympatico.ca](mailto:sharonlsmith@sympatico.ca)

## URBAN POLE WALKING SCHEDULE – November 1, 2023 to April 30, 2024

*For the fall, winter and spring months, we will walk the Harmony Creek Trail only as it is well maintained and safer to walk during these months. We will meet at 9:30am on Monday and Friday mornings.*

**Harmony Creek Trail. Park at Rossland and Wilson Plaza near Bollocks Pub (previous Tartan). Enter trail and head south along the creek. Coffee/Tea @ Coffee Culture afterwards optional**

## TidBITS

If any of our members have a favourite recipe, puzzle, photos of previous events, ideas on how interest groups are staying connected or any other information that might be of interest to others in our Club, please submit them to our newsletter editor, Connie Nelson, ([connienelson@rogers.com](mailto:connienelson@rogers.com)) for inclusion in the newsletter.



## MEMBER CARE



With a Club such as ours, we need your help to let us know if one of our members is experiencing a serious illness or is hospitalized. Our Club would like to let our ill members and their families know that they are in our thoughts as they deal with their illness with respect to the family's wishes for privacy.

In the same way, we need you to let us know if you become aware that a member, their spouse or close family member has passed on. Often the family does not think to contact our Club, or know who to contact under these difficult circumstances. We would like to respect the wishes of family and give our members the opportunity to express their condolences to the bereaved.

Please let us know so we can respond appropriately. Email [oshawaprobustclub@gmail.com](mailto:oshawaprobustclub@gmail.com).

### PROBUS Club of Oshawa Website:

[www.oshawaprobustclub.com](http://www.oshawaprobustclub.com)

### PROBUS CANADA Website:

[www.probus.org](http://www.probus.org)

#### PROBUS GLOBAL

There are over 4,000 clubs worldwide with over 350,000 members. Of those there are over 260 clubs operating in Canada. What you may not know that PROBUS also has a

#### Global Club.

PROBUS GLOBAL is open to any member of a PROBUS Club and provides an on-line forum to make connections to PROBUS members around the world.

<https://probusglobal.org>

