

PROBUS Club of Oshawa Newsletter: June, 2020



**2019 - 2020
Executive:**

Maria de Jong,
President

Al Sawtell,
Vice President

Connie Nelson,
Past President

**Marlene Allen
Pat Bayus,**
Secretaries

**Garry
Christenson,**
Treasurer

**Joan Puskas
Judy Sandham
June McLaren**
Members-at-large

Marilyn Thaxter,
Social Committee

**Elaine Lopes
Anne MacKay,**
Special Interest
Groups
Coordinators

Julia Howells,
Speakers
Committee

Open,
Membership
Chair

Maria Upton,
House
Committee

**Jacqueline
Frank,**
Archivist

David Hardy,
Web Master

Cindy Fleming,
Newsletter Editor

**All PROBUS Club of Oshawa General Meetings are
CANCELLED UNTIL FURTHER NOTICE**

President's Message

As I sit down to write this month's message, we seem to have gone from a cold spring to summer in what feels like just a couple of weeks. The birds are singing; the sun feels quite hot; my garden is finally starting to burst out, and I am able to enjoy seeing the 75th Anniversary of the Liberation of the Netherlands tulips that I planted last year come out in full glory. So pretty, and not a normal tulip shape. If only I can keep the rabbit from lopping off the flower to get to the tasty stem. This morning I also found that it had bitten off most of the rosemary I planted just the day before!

By now, I had hoped to have a clearer perspective of how and when the loosening of restrictions on social contacts were going to occur, so that we could start to plan future Social Events and SIG gatherings. As this is not yet the case, for now, it is lovely to be able to get outside more and enjoy getting plants and flowers; dig out weeds and nurture new growth; and to sit out on our front porch and just watch families play outside, teaching their kids ride a bike or kick a ball around with great gusto.

It's also been a bit of a learning curve for me to master a new computer and use Zoom to hold virtual meetings with our Management Team. We hope you had a chance to view the video, and got some enjoyment from our May virtual meeting! Some SIGs are also starting to hold Zoom meetings, and for most of us it's great to see our PROBUS friends albeit only on our computer screens. It's not the same as in person, but it is more engaging being able to see and talk to the members of the group all together.

Although it may feel frustrating to have no control over what and how we do things now and probably for some time to come, we can control what we do to keep ourselves and loved ones safe; keep connected with our PROBUS friends; enjoy what we can do and appreciate how slowing down can magnify what is most important.

Rescheduling Guest Speakers



Because of the Pandemic situation, and the fact that our normal monthly meetings are cancelled for the time being, I have been talking to our guest speakers who were booked for 2020 and rescheduling them for 2021 where possible.

Elaine Charal, handwriting analyst and entertainer, speaker for April, was rescheduled for our August meeting 2020. Sadly we may need to reschedule her presentation again. Elaine has an interesting website where she talks about her presentation "The Power of the Pen". If you google her name her website pops up.

The Monarch Crusader, Carol Pasternak, guest speaker for July 2020, has been rescheduled for July 2021. Her presentation is about how we can help the Monarch butterfly by rearing them. If you are interested this is something that could be done this summer, there is information on her website: monarchcrusader.com.

Enjoy the summer and stay safe, until we meet again.

Executive Nominations – Al Sawtell

Nominations to fill a few positions for next year's Management Team have been extended. Our new year begins September/October.

We require volunteers to fill the following positions:

1. Vice-President
2. Members- at-Large (2-3) (to attend Management Team Meetings every other month to become aware of positions on the team and corresponding responsibilities. Hopefully, these members will fill one of the vacant positions as they arise)
3. Membership Chair (2)
4. Social Committee Chair (2)

We encourage all members to give serious consideration to volunteering for one of these open positions. We also promote the idea of sharing the responsibility with another member in an effort to exchange ideas and lessen the workload.

Members leaving these positions are available to explain the duties involved. For more information please email Connie Nelson or Al Sawtell.

SOCIAL COMMITTEE

Marilyn Thaxter

All Social outings are cancelled.

Distancing and isolation remain our consistent social activities for the foreseeable future but I prefer to think our social events are on hold rather than cancelled. We WILL be together when safe to do so.

A look back at some of our social outings



Lavender Fields



Golf Group



Peterborough Lift Locks



Parkwood Tour and Tea

SPECIAL INTEREST GROUPS

All Special Interest Group meetings have been cancelled for the time-being.

However, we hope that Special Interest Group members will keep in touch with each other and come up with ways to stay connected and engaged. Let's be creative and use all that technology can provide to challenge each other, create opportunities to maintain those important social connections whether by phone, on line, chat rooms, or through email. If you have a great way to keep your group members engaged and connected, share it please!

A number of Special Interest Groups have contributed to the newsletter the ways in which they are keeping connected.



To follow the links within this Newsletter, don't forget to "Ctrl + Click".



Bookworms – Bernice Burke and Judy Bell

Meetings cancelled until further notice. Keep a list of good books for consideration when we get together. Happy reading, practice social distancing and stay safe. See everyone soon.

EUCHRE GROUP #2 - Gerry Henderson



Since Centennial Retirement Residence's shutdown continues, and as we normally take June, July and August as our summer hiatus, we may be able to re-convene in late September 2020.

WEEKLY GOLF – Jack Cadan



It appears that we will be able to begin to play golf once again in the near future. When the embargo has been lifted, I will start our weekly golf activity. The format will be that in conjunction with other PROBUS clubs in the area, I will arrange a morning of golf at a variety of golf local courses. This is a social golf activity for members of all levels of ability with no score keeping. We will play 9 holes of golf within the local community on either a Tuesday or Wednesday morning starting around 9 - 9:30. Most courses are walkable but there may be some power carts for those who require one. All communication will be done via email. If you would like to participate in this activity, please forward your email to jackcadan@sympatico.ca in order to receive any future notifications. Looking forward to an enjoyable season of golf.

URBAN POLE WALKING - Maria de Jong



For the last couple of months, we have been walking independently in our own neighbourhoods.

But in the last week some of our members have started to walk the local trails again with one other group member. Although trails are busier than before, it is possible to keep physical distance while walking with a buddy!



WINE APPRECIATION – Bernice Burke

PROBUS Wine Appreciation meetings are cancelled until further notice. Enjoy your summer, practice social distancing, stay safe, and tip a little glass of WINE. See everyone soon.

Activities for Quarantine that can boost Your Wellbeing

Colour or Doodle [Free on-line colouring pages](#)

Take an online course [Oshawa Senior Citizens Centre On-line Programming](#)

Bake something you've never made before [Free cookie recipes](#)

Take a book and coffee out to your deck and read in "nature" [Oshawa Public Library - On-line Library](#)

Have a picnic in your yard

Plant a garden inside or out. You can order seeds online!

Go for a walk



Member Care

With a Club such as ours, we need your help to let us know if one of our members is experiencing a serious illness or is hospitalized. Our Club would like to let our ill members and their families know that they are in our thoughts as they deal with their illness with respect to the family's wishes for privacy.

In the same way, we need you to let us know if you become aware that a member, their spouse or close family member has passed on. Often the family does not think to contact our Club, or know who to contact under these difficult circumstances. We would like to respect the wishes of family and give our members the opportunity to express their condolences to the bereaved. Please let us know so we can respond appropriately. Email mariska578@gmail.com or oshawaprobustclub@gmail.com

IN MEMORIUM Mary Medley



Joined our PROBUS Club of Oshawa in 2011. Mary acted as Co-Editor, of our Newsletter from 2012-14, with her husband Steve, and Chaired the Membership Committee from 2017 till April 2020. Mary enjoyed many Social Events, and was an active participant in several SIGs, as well as acting as convener of The Bookies for many years.

PROBUS Club of Oshawa Website:

www.oshawaprobus.com

PROBUS CANADA Website:

www.probus.org

Please note that all PROBUS Clubs have received an announcement of the new President of PROBUS CANADA 2020 – 2021, Jamie Doolittle. The May PROBUS CANADA Newsletter is available on the PROBUS CANADA website. It includes a Message from Jamie Doolittle, news about new Clubs, as well as an article on Lorraine Veroba being awarded the John R Morris Award. Here is the link to the website, where you can find a profile of the new PROBUS CANADA president and the latest Newsletter.

<https://www.probus.org/>

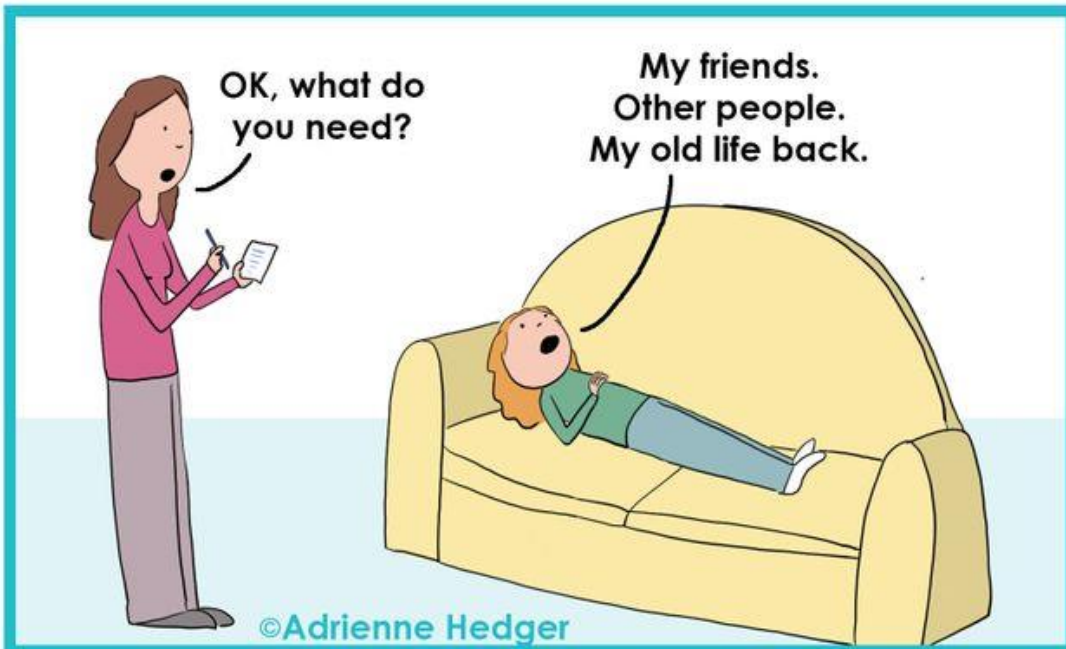
PROBUS GLOBAL

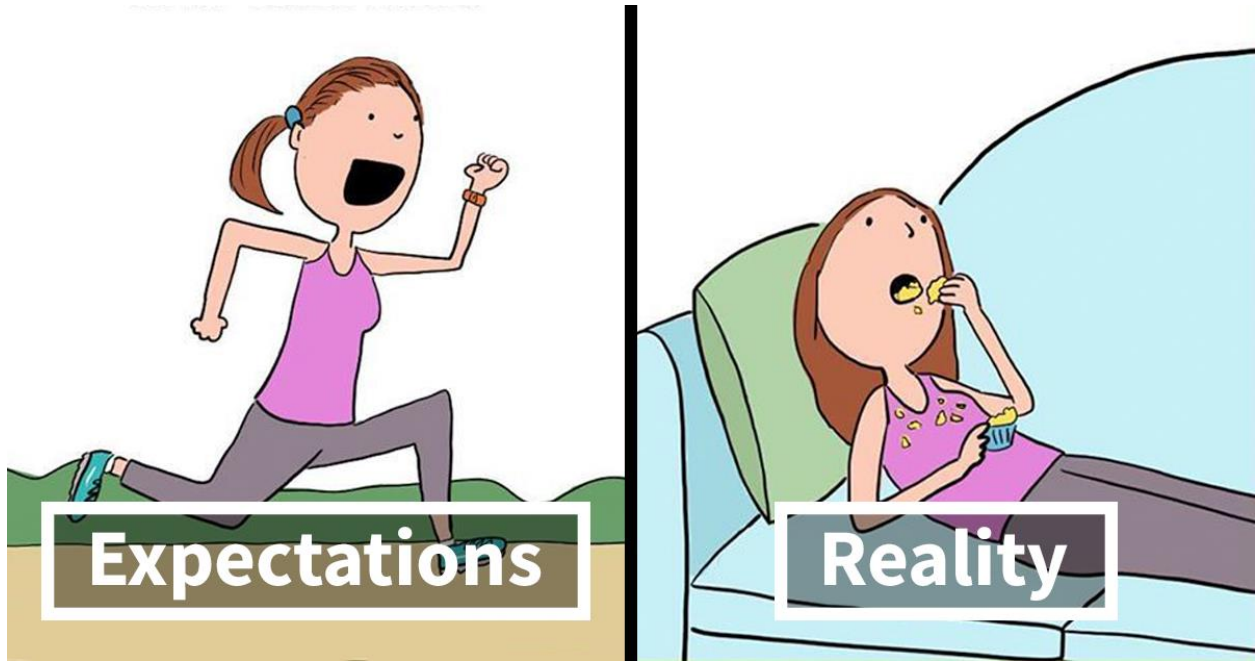
There are over 4,000 clubs worldwide with over 350,000 members. Of those there are over 260 clubs operating in Canada. What you may not know that PROBUS also has a **Global Club.**

PROBUS GLOBAL is open to any member of a PROBUS Club and provides an on-line forum to make connections to PROBUS members around the world.

<https://probusglobal.org>

Scenes From Self-Isolation





Stay Home, Stay Safe
Until we meet again!