



**2022 – 2023  
Executive:**

## **PROBUS Club of Oshawa Newsletter: March 2023**

**Chuck Keller,**  
President

**Next Membership General Meeting: March 14, 2023**

**Marg Miller,**  
Vice President

**Garry  
Christenson,**  
Past President

### **President's Message**

Welcome to the Ides of March

**Marlene Allen  
Anne Smolarek,**  
Secretaries

If you are Irish or wish to be this is your month! Dig out your green clothes, your leprechaun pins and be ready to drink your green beer.

**Nancy Exworth,**  
Treasurer

If you are not Irish like me- then just sit back and think of the wonderful new members we have added to the PROBUS Club of Oshawa in recent weeks. New people always bring new life to a group- new experiences, different backgrounds, new interests and different ambitions as to what they wish to achieve when participating within the club. To those new members- WELCOME.

**Steve Medley  
Wayne Lannon**  
Members at large

**Jacqueline  
Frank  
Gerry  
Henderson,**  
Social Committee  
Co-Chairs

Perhaps you have moved into the Durham region from another city, another province, another country, or are living locally and have recently retired.

**Marlene Owen  
Geri Sparkes,**  
Special Interest  
Groups  
Coordinators

With the many activities the social committee has organized, or the twenty-seven special interest groups that members are hosting- hopefully there is an activity that is of interest to you. In turn, you are in a position to add ideas to the above groups that will benefit the club.

**Sheila Leonard,**  
Speakers  
Committee

After the latest snow storm on Feb.23 there may be a member willing to conduct a snow removal clinic which would aid the community and contribute to one's overall fitness level.

**Cindy Fleming,**  
Membership  
Chair

But snow aside- hopefully we can look forward to spring with plans to plant those bulbs, dig up the flower beds, paint the yard fence and sharpen the mower blade for another season. Many may have lake property where one can go fishing, walk in the forest and visit with neighbors. Lots of things to look forward to.

**Maria Upton,**  
House  
Committee

Have a great month- love your family- be kind to your neighbors. I close with the following quote I copied from the computer today:

**Maria de Jong,**  
Archivist

*"I got myself a Seniors GPS today. Not only does it tell me how to get to my destination, it also tells me why I wanted to get there.."*

**Anne MacKay,**  
Web/Zoom  
Master

**Connie Nelson,**  
Newsletter Editor

**Chuck Keller  
President**

To follow Click”.



the links within this Newsletter, don't forget to “Ctrl +



## Shilpa Dogra

Ontario Tech University |  
UOIT · Kinesiology  
BSc, MSc, PhD

### **MARCH SPEAKER:**

Dr. Dogra is Chair of the Committee for an Age-Friendly University at Ontario Tech University, and a researcher with expertise in active age, age-friendly living environments, active transportation, and sedentary time. She is currently teaching a course on active aging, and is pairing seniors with 3<sup>rd</sup> and

4<sup>th</sup> year Kinesiology students to facilitate intergenerational learning. She hopes to open up the doors of the University to seniors in the community through on campus program.

Ontario Tech University is one of a handful of Canadian universities to receive the Age-Friendly University (AFU) designation from the [AFU Global Network](#). The AFU network includes higher-education institutions around the world endorsing the [10 AFU principles](#) and committing themselves to becoming more age-friendly in their programs and policies. AFU-designated universities like Ontario Tech enrich the student experience and improve the quality of life of older adults in the community.



**Genesis Club - Leadership in Mental Health Recovery**



### Some humour:

- You know you overdid it on St. Patrick's Day when you think you're kissing the Blarney Stone and then it kisses back.
- How do you know if an Irishman is having fun? He's Dublin over with laughter!
- Do people get jealous of the Irish? Yes, they're green with envy!
- What instrument would a show-off play on St. Patrick's Day? The bragpipes.
- Why shouldn't you iron a four-leaf clover? You might press your luck!
- What do ghosts drink on St. Patrick's Day? BOOs!
- How can you tell if a potato is not from Ireland? When it's a French fry.



### MEMBERSHIP – CINDY FLEMING

We welcomed three new members in February, Joan and Larry Whitney and RoseMary MacDonald. Current Membership stands at 240. Please remember to advise the Membership Chair, Cindy Fleming, of any changes to your personal information such as address, email address, or telephone number.

### PROBUS Clothing:



Items of casual clothing bearing the PROBUS logo including jackets, hats, t-shirts sweatshirts, etc. are available online at the supplier's website: <http://roysenterprise.com/Probus/Probus.html> or on the PROBUS Club of Oshawa website.

All prices include HST. Various sizes and colours are available. Payment may be made using your credit card or PayPal.

Roy's Enterprise, 609 McEwan Drive, Whitby will notify you when your order is in.

If you need assistance ordering online, please contact Anne MacKay

For assistance in picking up your order, contact John Manuel.



**SOCIAL COMMITTEE- Gerry Henderson and Jackie Frank**

- **St. Patrick's Day Luncheon - Port Perry PROBUS**

We invite members of our sister clubs to join us for this event.

We are required to give Kedron Dells final numbers and payment on March 3rd. Please register at [social.portperryprobus@gmail.com](mailto:social.portperryprobus@gmail.com) and etransfer the registration fee to [social1.portperryprobus@gmail.com](mailto:social1.portperryprobus@gmail.com). Ann Skinner and Judy Spring

**ST. PATRICK'S DAY LUNCHEON**

**March 17**  
**Kedron Dells Golf Club**  
**12 - 4 p.m.**

**MENU**

- Potato & Bacon Soup
- Corned Beef, Cabbage, Carrots and Mashed Potatoes
- Sticky Toffee Pudding
- Tea, Coffee or Virgin Irish Coffee  
*(by request - please state at sign up)*

**Cost \$49.00**  
*(includes tax and gratuities)*  
**Cash Bar**

**REGISTER NOW!**  
[social.portperryprobus@gmail.com](mailto:social.portperryprobus@gmail.com)  
or contact Ann Skinner at 905-982-8865

**IRISH FOOD TRIVIA MUSIC PRIZES**

**HAVE A GOOD TIME!**

**EAT, DRINK AND BE IRISH!**

## **Information about upcoming social events:**

**Thursday, March 23:** Come and play ten pins bowling at **NEB'S WORLD** at **3:30 p.m.** Cost \$5.25 a game and \$3.50 for shoe rental. Dinner afterwards for those interested.

**Wednesday, April 12: Whitby Courthouse Theatre at 8:00 p.m.** Cost \$15.00. The play is « Kiss the Sun, Kiss the Moon » by Norm Foster - a tale of friendship between people facing hardships and persevering against all odds.

**Saturday, April 22: Tour of Moses Znaimer Museum of Television** in Liberty Village, Toronto at **11:00 a.m.** Cost \$5.00. The museum focuses on the history of television technology and tv sets.

**Thursday, May 11: Tour of Model A Acres,** Clarington at **10:00 a.m.** Cost \$20.00. Full sized replicas of Model A cars, war planes and other vehicles, some of them from recycled materials. The site is featured in the book « Top 150 Unusual Things to See in Ontario ».

**Saturday, May 27: Tour of R.C. Harris Water Treatment Plant,** in Toronto during Doors Open. Free entry. A national historic civil engineering site fashioned in the Art Deco style. Nicknamed the Palace of Purification. A guided tour is available at **10:00 a.m.** through [evenbrite.ca](http://evenbrite.ca). Carpooling is encouraged.

**Wednesday, June 14: Tour of Hindu Mandir temple** in Etobicoke at **10:30 a.m.** Free entry. Largest temple of its kind in Canada, built in the traditional design and workmanship of ancient India. Carpooling is encouraged.

**Wednesday, June 28: 4th Line Theatre,** Millbrook, at **6:00 p.m.** Cost \$50.00. The play « The Tilco Strike » is about women workers in a Peterborough plastics factory who unionized and went on strike in the mid-1960s against management harassment and low wages.

## **Trips through the PROBUS Club of Ajax**

You can join fellow members on two trips organized through the Ajax Club:

**May 17 to May 30:** trip to **Rome, Florence and Tuscany.** This « land-only » package includes 12 nights accommodation in beautiful Italy with HNA Travels and Travac Tours. In Rome, you will be staying at Hotel Miami, in Florence at Hotel Adriatico and in Siena at NH Excelsior.

**June 7 to June 10: Louise Penny's Three Pines Tour.** You will explore some of the sites in Eastern Townships where Louise Penny's novels take place. You will be staying at the Domaine Château Bromont. Cost \$1,309.67 per person/double occupancy (includes HST)

For more information on these trips, contacts Shirly van Putten at 905-619-8583.



## Local events/activities

Every month, Pat Bayus will be listing events and activities happening in the region in the coming month. **If you know of such events, email the information to Pat before the 15 of each month at [sunvalleywatch@sympatico.ca](mailto:sunvalleywatch@sympatico.ca)**

**Cinefest Durham**/Friends of the Library. Canadian and International films at the Cineplex on Taunton & Grandview. **Wednesday, March 29th** showing at **4pm and 7pm**. Tickets \$10.00 cash at the door. All profits go to fund special projects for Oshawa Public Libraries.

**Oshawa Historical Society**/ Local History Speaker Series. **Tuesday, March 21st at 6pm** held at Main Branch McLaughlin Library, downtown Oshawa, Speaker is Dan Buchanan, **Murder in the Family: The Dr. King Story**. Free admission. Donations to Oshawa Historical Museum welcomed and/or Museum memberships available.

**Regent Theatre** Classic Movie Night first Thursday of every month. **Thursday March 2, at 7pm**, A Star is Born (1954). Tickets \$5.00 cash at the door. Popcorn and refreshments available at concession and a draw for prizes. A fun evening!!

**Thursday, March 9th at 8pm**. See “**Chubby Checker Live**” one night only, at **Oshawa’s Regent Theatre**. Tickets are \$75.00 and available at [regenttheatre.ca](http://regenttheatre.ca)

**Friday, March 10th at 8pm. Pavlo in Concert** – The Santorini Tour. Enjoy an evening of Mediterranean music, with Pavlo’s signature blend of Spanish/Greek/Rumba/Flamenco music. For more information and tickets go to [www.regenttheatre.ca](http://www.regenttheatre.ca) or call box office at 905 721-3399 ext.2.

**Saturday, March 25th at 8pm. Abbamania & Night Fever**. They’re back the 6th year! For tickets go to [www.regenttheatre.ca](http://www.regenttheatre.ca) or call box office at 905 721-3399 ext.2

**Parkwood Estate Auto Baron Guided Tour**. Step back in time, experience life in 1917 **Wednesday – Sunday at 1pm, 2pm and 3pm**. Book tickets online at Parkwood Tours and Events or call 905 433-4311

**Oshawa Home Show, Tribute Communities Centre**, 99 Athol St East. **Friday March 3<sup>rd</sup>, 3pm-8pm, Saturday March 4th 10am-5pm and Sunday March 5th 10am-4pm**. Tickets \$5.00 or free admission with donation of a non- perishable food item in support of Feed the Need in Durham.

**Resound Choir, Saturday March 25th at 3:00pm and 7:00 pm**. Held at Town Hall Theatre, 302 Queen St. Port Perry, Ont. Tickets are \$25.00. Book online at [info@townhalltheatre.ca](mailto:info@townhalltheatre.ca) or call 905 985-8181. RESOUND Choir is a professional mixed-voice community choir the provides choral workshops and performance opportunities for singers, instrumentalists, soloists and conductors. More information online.

**Metropolitan Opera, Saturday March 18th at 12:00pm**, Richard Wagner, "Lohengrin". Live on screen at the Cineplex Theatre, Taunton and Grandview. Tickets available at Cineplex.

**Saturday April 1st at 12:30pm, Giuseppe Verdi, "Falstaff"**. Live on screen at Cineplex Theatre, Taunton and Grandview. Tickets available online at Cineplex or at the theatre. More information online at metopera.

**Saturday April 15th at 12:00 pm, Richard Strauss, "Der Rosendavalier"**. Live on screen at Cineplex Theatre, Taunton Grandview. Tickets available online at Cineplex or at the theatre. More information online at metopera.

## **SPECIAL INTEREST GROUPS**



**If your group is meeting, don't forget to send photos of your activities to be included in the newsletter. Please send your information/photos to Connie Nelson by the 25<sup>th</sup> of each month.**

**Special Interest Group Chairs- Marlene Owen & Geri Sparkes**

The Special Interest Group website has been updated!! Geri Sparkes, my Co-Chair, came up with some recommendations and Anne MacKay has implemented them, making the site much improved. There are categories now, with links rather than alphabetical lists of groups. Well done!

The Chess and Euchre groups would like more members. Please sign up. Both Poker Groups are on hold due to Covid.

The people who attended the social billiards last month, thought a SIG could be fun. The sign-up sheet produced enough names to create a group and we have a Convenor. Details next month.

Could Convenors please let Geri or myself know if there are any changes to their group(e.g.) inactive, need more members, change of details. That way we can keep group information up to date.

Anne MacKay our webmaster has asked that photographs that are taken at Social Events or SIGroups be forwarded to her, as she would like to make a collage for our Probus Website.

Mahjong will commence Thursday March 30, once a month from 1-3 at Convenor Alicia Minosora's home.

We had many members sign up for various activities at our February 14 meeting. It's most encouraging to see groups thriving. Praise to all the Convenors who keep our club active and enjoyable.

## PROBUS MEMBERSHIP IS REQUIRED FOR PEOPLE TO JOIN A SPECIAL INTEREST GROUP

Submitted by Marlene Owen



### **PROBUS BOOK CLUB - Mary Kelcey**

The PROBUS Book Club will meet on Thursday, March 23<sup>rd</sup> at 1 PM at the home of Lorraine Veroba. Janet McNellan will lead the discussion on "The Paris Library" by Janet Skelslieu Charles.

### **BOOKWORMS – Maria Upton**

The Bookworms Bookclub is meeting on Tuesday, February 28th and Pat Howell is hosting us at her home. We are reading 'Horse' by Geraldine Brooks.

**A 'big thank you' to the ladies (Donna, Dorothy and Sharon) who helped provide some Valentine 'goodies' and other treats for our February PROBUS meeting. They were delicious and enjoyed by all!**



### **BRAIN GAMES – Jackie Frank**

**Brain Games:** The next Brain Games will be held on Wednesday, March 15 at 10:00 a.m. at Jackie Frank's house. Please confirm with Jackie if you are planning to attend.



### **YARN DIVAS – Barb Jones, Convenor**

The Yarn Divas is open to all PROBUS members who love to knit and crochet. If interested, please contact Barb.

We look forward to continuing our in-person meetings to share crafting ideas, show off our finished projects and have a laugh. Our next meeting will be at 10 a.m. on Wednesday, March 1 at Jo's house.





### **MOVIE GROUP – Mary Gibson**

If you want to get back into seeing movies in the theater, join us on Fridays -the first showing at the movie (usually between 10:30 and 1pm). contact Mary Gibson:

The ZOOM Movie group for Netflix is still going strong though the lockdowns are over. We pick two things to watch and then every second Friday night at 7 PM we get together to discuss the movies/series/documentaries we've all seen. Please contact Mary Gibson if you would like to join the group.



### **CHESS – Ed Taylor**

The chess games are every Tuesday from 1:00 p.m. until you are ready to leave. It is quite informal.

### **CRIBBAGE Group – John Manuel**



The cribbage group has reconvened following the Covid hiatus.

We welcome new members to join in the fun. Experience not needed.

Rules are relaxed a bit to heighten the pleasure of the game.

We meet the second Wednesday of every month 1-3 pm.

Please contact John Manuel to join the group.



### **SCRABBLE – Judy Bryson**

The Scrabble date is March 9th at 1:15. RSVP Judy

### **COFFEE AND CHAT – Bruno Scanga**



We meet every Thursday from 6:30 pm to 8:00pm at the Tim's at Rossland & Thornton location.

Everyone is welcome for chats and fellowship.

Please have individual RSVP me.

### LUNCH GROUP - Donna Keller and Marilyn Lannon



Another successful outing for our monthly lunch group. We went to the Red Lobster in Oshawa, with fifteen ladies in attendance, plus we had a new member join us. Nice to get to know the ladies on a more intimate basis, fun to share stories.

Remember March is the month to celebrate St. Patrick's Day, so be sure to join us at an Irish pub, wearn' the green! ♣ Location to be

announced.



## URBAN POLE WALKING – Sharon Smith



### Probus Urban Pole Walking Schedule

Timeframe: November 1, 2022 to May 1, 2023

Days: Monday and Friday mornings

Time: 9:30 am

**Harmony Creek Trail** is the preferred trail for the fall and winter months as it is well maintained during this timeframe.

**Park at Rossland Square Plaza** (Rossland & Wilson Road) near Bollock's Pub (previous known as the Tartan)

**Enter Trail by plaza** and head south

## TidBITS

If any of our members have a favourite recipe, puzzle, photos of previous events, ideas on how interest groups are staying connected or any other information that might be of interest to others in our Club, please submit them to our newsletter editor, Connie Nelson, (connienelson@rogers.com) for inclusion in the newsletter.

## MEMBER CARE



With a Club such as ours, we need your help to let us know if one of our members is experiencing a serious illness or is hospitalized. Our Club would like to let our ill members and their families know that they are in our thoughts as they deal with their illness with respect to the family's wishes for privacy.

In the same way, we need you to let us know if you become aware that a member, their spouse or close family member has passed on. Often the family does not think to contact our Club, or know who to contact under these difficult circumstances. We would like to respect the wishes of family and give our members the opportunity to express their condolences to the bereaved.

Please let us know so we can respond appropriately. Email [oshawaprobclub@gmail.com](mailto:oshawaprobclub@gmail.com)

**PROBUS Club of Oshawa Website:**

[www.oshawaprobclub.com](http://www.oshawaprobclub.com)

## PROBUS CANADA Website:

[www.probus.org](http://www.probus.org)

### PROBUS GLOBAL

There are over 4,000 clubs worldwide with over 350,000 members. Of those there are over 260 clubs operating in Canada. What you may not know that PROBUS also has a

#### Global Club.

PROBUS GLOBAL is open to any member of a PROBUS Club and provides an on-line forum to make connections to PROBUS members around the world.

<https://probusglobal.org>

