

PROBUS Club of Oshawa Newsletter: May, 2021



**2020 - 2021
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Vacant,
President

Vacant,
Vice President

Maria de Jong,
Past President

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Pat Bayus,**
Secretaries

**Garry
Christenson,**
Treasurer

Marilyn Thaxter,
Social Committee

**Elaine Lopes
Anne MacKay,**
Special Interest
Groups
Coordinators

Sheila Leonard,
Speakers
Committee

Connie Nelson,
Membership
Chair

Maria Upton,
House
Committee

**Jacqueline
Frank,**
Archivist

David Hardy,
Web Master

Cindy Fleming,
Newsletter Editor

Our PROBUS Club of Oshawa has been holding VIRTUAL GENERAL MEETINGS since September 2020.



MAY GENERAL MEETING

Our next **ZOOM Virtual General Meeting** will be on Tuesday, May 11th at 10 AM.



EASY STEPS TO PARTICIPATING IN OUR GENERAL MEETINGS VIA ZOOM

- Use your browser to go to the website, www.zoom.us
- At the top right corner of the screen that opens up, click on the button, that says **JOIN A MEETING**
 - Enter the **Meeting ID code** sent to you by email a day or so before the meeting date.
 - Enter the **Passcode** as directed.
 - You will be put into a Waiting Room, until you are admitted by the Host.
 - Once in the meeting check the toolbar at the bottom of your screen to see that your **Video** is on. If not, click it to on.
 - You can also check that your **Audio** is on the same way. You will be asked to **Mute** your audio during the Speaker sections of our General Meeting.

If you need further assistance getting familiar with getting on and using ZOOM, please contact Maria de Jong at mariska578@gmail.com.



MAY SPEAKER – Jennifer Merrick – A Journey to Wales – The Music and Language of Wales

Jennifer will take us on a light hearted journey through Wales. In addition to showing pictures of famous sights in both South and North Wales she will talk about Welsh music and the Welsh language. Jennifer is a travel writer and her stories have won several awards, including best travel columnist for her ongoing series in Forever Young WNY.

APRIL SPEAKER Dr. Duncan Sinclair – Aging Well

Dr. Sinclair’s talk was very informative and well-received. He referenced the 2014 non-fiction book “Being Mortal: Medicine and What Matters in the End” by American surgeon Atul Gawande. The book addresses end-of-life care, hospice care, and also contains Gawande's reflections and personal stories. He suggests that medical care should focus on well-being rather than survival.

Free Webinar Series



In partnership with the [Canadian Battlefields Foundation](#) and the [Juno Beach Centre Association](#), the Laurier Centre for Military Strategic and Disarmament Studies is pleased to announce the Maple Leaf Route Webinar Series. Every two weeks from May to September, we will be following Canadian and British Commonwealth soldiers as they landed on D-Day in June 1944 and fought their way inland at the Battle of Normandy.

The first webinar in the series will be taking place on May 19th.

Register at canadianmilitaryhistory.ca/webinar



GETTING TO KNOW OUR NEWER MEMBERS

When life was normal, and we had in person meetings, new PROBUS Club of Oshawa members would be introduced at meetings and we would have an annual New Members Event to get to know each other. Since that is not currently possible, we will be asking new members who have joined since our last New Members Event held in May 2019, to provide a bit of a Biography and Picture for the next few issues of the Newsletter. Please read about the following new members who are contributing to this feature. Please welcome them to our Club!

Maria de Jong

Connie White



It is my honour to be a member of the Oshawa PROBUS Club and to be asked to provide a bit of a "bio" about my background, interests, etc.

I was born in the great northern hockey town of Sault Ste. Marie, Ontario - yes the same city that Wayne Gretzky put on the map when he played for the Soo Junior Greyhounds. While I was growing up, outdoor skating was easy with the number of outdoor rinks available for all citizens. Often the skating rink had a "shack" that skaters go into to sit by the wood burning stove and get warmed up. I have fond memories of playing "pom-pom pull away" - it was game similar to "tag you're it" - where you had to make it from one end of the rink to the other and not get tagged. Of course, the last person tagged was usually the most skilled and fastest skater which was rarely me! I did enjoy playing ringette with the girls - hockey for women! Tobogganing parties were also plenty of fun, especially when we were in high school and I am sure most of you could figure out why, lol. The summers months were filled with fun events like make shift baseball games followed by all of us going to the landmark pub called The Vic! Yes, we also played "hide and seek!" It was all "clean" fun! That is what made it so special and memorable.

While in high school, I worked in the shoe department at K-mart Department Store; there I met more fun loving people. I also began my, what would become my long career into volunteer work. While in grade 10, when I was not working at K-mart, I would do volunteer work at the Sault Ste. Marie General Hospital as a Candy Striper - I still have my uniform! I loved meeting and talking to patients, bringing them their food, drinks and just spending time with them. I enjoyed this volunteer work so much that I decided to go into nursing after high school. I was the first female of my Italian relatives that left the Sault to go to school! I thoroughly enjoyed and completed my first year of Nursing at the Toronto General Hospital but realized nursing was not for me, the gal who didn't like getting or giving injections!! I have tremendous respect for Nurses, Doctors and all Front Line workers - very tough and challenging job!!

After some soul searching and decision making, I found a job working as the receptionist for Brigadier General Lye at The Physical Plant for the University of Toronto. He was a kind man but when he spoke he spoke as a military man, which I was not used to. One day, from his desk, he shouted for me to go see him. I went in and he asked me what I was going to do with the rest of my life. I was dumb struck for I really didn't know. So he told me I was to go to university. Even though I told him I couldn't afford it, he picked up the phone, called Dean Kruger at Woodsworth College, and the next thing I know, I was sitting with Dean Kruger choosing courses. I continued to work full-time and go to school at night. While working as Attendance Secretary at R. S. McLaughlin, I recall Principal Chuck Powers and Vice-Principal Murray Lesley calling me into their office to inquire about my progress with my degree. I informed them that I would be graduating at the end of the year. It was then that Mr. Powers encouraged me to go into teaching. The next thing I know, I was enrolled in the Bachelor of Education program at York University. These men played a significant role in my life and I will always be very grateful to them!!

During my career in education, I taught Intermediate students, then went to high school to teach for a few years before becoming Head of Guidance and Student Services and finally filled the role as Vice-Principal eventually retiring in 2016. This was a personally challenging and thoroughly enjoyable career and again, so very grateful for the opportunities I had there. Upon retirement, I wanted to give back so I become active on the Board of Directors for Woodsworth College, University of Toronto. I was honoured to be with such a dynamic group people for four years. At the same time, I became active with the Retired Teachers of Ontario, District 28 Region of Durham.

At the present time, I hold the position as President working with yet another dynamic, committed and caring group of people; such a fantastic opportunity and again feeling very honoured to be part of the team!

As a child, I grew up in a tightly knit, hard-working and a very supportive Italian community. I still maintain my membership with the Italian Ladies Club at the Marconi Hall. Before Covid-19, we did some group trips to Northern and Southern Italy along with the incredible gem - Sicily. Both group trips were incredibly fun, informative and truly inspiring. Hope to travel again very soon!

PROBUS is filled with fun-loving, committed and caring people - this is why I joined and so very happy I did. Thank you to the Board and to all the Members!



Maggie Poulter - I retired early, at 50, from an enjoyable career at Bell Canada, where I worked with Pam Jones. Pam brought me here to PROBUS, in Oct 2019, just before the pandemic started. When things get back to normal, you may find me at the senior's centre playing ping pong or badminton, taking art lessons or playing cards. I am also an 8-ball fanatic and a scrabble enthusiast. But now, I mostly stay home, read, go for walks, and dream about all the places I am going to visit, when the world overcomes this amazing hurdle, and travel becomes safe again. As an eternal optimist, I have been grateful to this pandemic because I have cleaned out closets and caught up on some nagging chores. Finally, I look forward to "in person" PROBUS meetings again. But for now, stay safe, wear a mask.



To follow the links within this Newsletter, don't forget to "Ctrl + Click".

SOCIAL EVENTS



Trivia Game: On Wednesday, April 7th, we had our second trivia game via ZOOM. The winning team included Mary Perkins, Marilyn Thaxter, and George and Judy Marlowe. Congratulations!! Job well done!

Our next **Trivia Game is on Wednesday, May 5th at 2:00 PM.** All are welcome to play. To register, send an email to socialregisteroshawaprobust@gmail.com, no later than May 1st. Anyone wishing to be a reader for the game should contact Jackie Frank.

JOIN US FOR THE 2ND GAMES NIGHT via ZOOM

The first Games Night was held on April 28th. You would be surprised to learn how many of our members own a Pet Rock! The second Games night is being offered on:

Wednesday, May 20, 2021 – 7 PM

Bring a deck of cards to play *Zoom Bingo* and

Bring your memory to participate in a *Scavenger Hunt*

If you would like to participate, send an email to socialregisteroshawaprobus@gmail.com



SPECIAL INTEREST GROUPS

Lockdown 3.0

"Social Distancing"

I hope all members have signed up!

Location: Your Home
Time: 24/7
Cost: Priceless

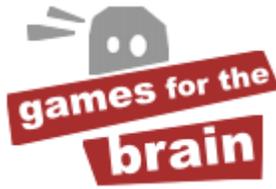


BOOKWORMS - Bernice Burke and Judy Bell

Bookworms will hold a business and social ZOOM meeting on Tuesday, May 25th at 10 AM.

PROBUS BOOK CLUB - Mary Kelcey

The PROBUS book club will meet virtually on Thursday, May 27th at 1 PM. Moida Wheller will lead the discussion on "The Last Oracle" by James Rollins.



BRAIN GAMES – Jackie Frank

The brain games have gone “online”. Two to three times a week, members get a puzzle to solve. The solution is sent to them the next day. If you are interested in receiving these puzzles, contact Jackie Frank.



PROBUS Weekly Golf – Jack Cadan

It appears that we will be able to begin to play golf once again in the near future. When the golf courses re-open for the season, after this current shutdown, I will start our weekly golf activity. The format will be that in conjunction with the Whitby and Oshawa PROBUS clubs in the area, I will arrange a morning of golf at a variety of golf local courses. This is a social golf activity for members of all levels of ability with no score keeping. We will play 9 holes of golf within the local community on either a Tuesday or Wednesday morning starting around 9 – 9:30 AM. Most courses are walkable but there may be some power carts for those who require one. All communication will be done via email. If you would like to participate in this activity, when possible, please forward your email to jackcadan@sympatico.ca in order to receive any future notifications. Looking forward to an enjoyable season of golf.



MOVIE GROUP – Mary Gibson

New* FRIDAY NIGHT AT THE MOVIES*New

The Friday Night At the movies ZOOM group chat is now at 11 people. Movies are suggested by the members for the next meeting - (every two weeks)

Please contact Mary Gibson, at marmojl245481@gmail.com for the ZOOM Meeting ID and Password if you wish to attend. The movies are available on Netflix. Please watch them before the meeting.

URBAN POLE WALKING – Sharon Smith



Once we are able, after this current shutdown, every Monday, Wednesday and Friday, 9:30 AM as scheduled, weather permitting. Following provincial guidelines by walking in smaller groups and in pairs. Contact information: sharonsmith@sympatico.ca cell/text (416)

938-7841



VINTAGE TASTINGS – Jane Havens

VINTAGE TASTINGS Special Interest Group will be meeting via ZOOM Thursday, May 27th, 3:30 PM and will be hosted by Marilyn Thaxter. We met on a rainy April 29th via ZOOM but felt sunnier as we sipped our favourite Vino.



YARN DIVAS - Barb Jones

The Yarn Divas continue to keep in touch via monthly ZOOM meetings, although we all look forward to in-person meetings (hopefully in June).

The next meeting will be at 10 AM on Wednesday, May 5th. An email invitation will be sent to members a few days in advance.

TidBITS

If any of our members have a favourite recipe, puzzle, photos of previous events, ideas on how interest groups are staying connected or any other information that might be of interest to others in our Club, please submit them to our newsletter editor, Cindy Fleming, (clf0808@yahoo.ca) for inclusion in the newsletter.



BLENDER LEMON PIE (courtesy of Mary Moses)

1 large lemon
4 large eggs
½ cup butter, melted
1 teaspoon Vanilla
1/1-2 cups sugar
1 9" pie crust, unbaked (or frozen deep dish)

Topping (Optional)

1 cup whipping cream
2 tablespoons sugar

Method

Preheat oven to 350 degrees

Wash the lemon, then cut up and remove all the seeds (**DON'T PEEL IT AS YOU BLEND THE WHOLE LEMON!**)

Place in a high powered blender, such as a Vitamix. (I started the power at 5 then moved up to 10)

Blend the WHOLE Lemon

Add the eggs, butter, vanilla and sugar. Blend until smooth.

Pour the mixture into your pie crust.

Bake for about 40 minutes or until set. 350 degrees – (It comes out with a brown topping)

Let cool – then chill in the refrigerator



COVID-19 Vaccines for Ontario

The following is a link to the Provincial Government's Website on [What You Need to Know](#) about the Province's three-phased vaccination distribution implementation plan.



My wife claims I'm a baseball fanatic. She says all I ever read about is baseball. All I ever talk about is baseball. All I ever think about is baseball. I told her she's way off base!

Anyone want to buy some exercise equipment?
I'm having a going-out-of-fitness sale

I told my suitcases just now there will be no vacation this year. I'm now dealing with emotional baggage.



Member Care

With a Club such as ours, we need your help to let us know if one of our members is experiencing a serious illness or is hospitalized. Our Club would like to let our ill members and their families know that they are in our thoughts as they deal with their illness with respect to the family's wishes for privacy.

In the same way, we need you to let us know if you become aware that a member, their spouse or close family member has passed on. Often the family does not think to contact our Club, or know who to contact under these difficult circumstances. We would like to respect the wishes of family and give our members the opportunity to express their condolences to the bereaved. Please let us know so we can respond appropriately. Email mariska578@gmail.com or oshawaprobustclub@gmail.com.



Scam Alert

Just a reminder not to open any email that sounds like it might be a scam. Here's a link to the Canadian Anti-Fraud Centre. The Centre collects information on fraud and identity theft and provides information on past and current scams affecting Canadians. If you think you're a victim of fraud, [report it!](#) [RCMP Official Website - How to Protect Yourself](#)

PROBUS Club of Oshawa Website:

www.oshawaprobust.com

PROBUS CANADA Website:

www.probus.org

PROBUS GLOBAL

There are over 4,000 clubs worldwide with over 350,000 members. Of those there are over 260 clubs operating in Canada. What you may not know that PROBUS also has a **Global Club.**

PROBUS GLOBAL is open to any member of a PROBUS Club and provides an on-line forum to make connections to PROBUS members around the world.

<https://probusglobal.org>



Follow this [Link](#) to enjoy 8 Moving Mother's Day Traditions from Around the World from Reader's Digest.



OSHAWA PROBUS SPECIAL INTEREST GROUPS (as of April, 2021)

INTEREST GROUP	CONVENER	MEETING DETAILS- when life was normal!	ACTION DURING COVID
Bid euchre	Peggy Gibson	4 th Wednesday, 1:30 p.m. Centennial	Group keeps in touch
Book Club #1	Mary Kelcey	4 th Thursday, 7:00 p.m. members host	ZOOM, outdoor meetings
Book Club #2 The Bookworms	Judy Bell Bernice Burke	4 th Tuesday, 10:00 a.m. members host	ZOOM Meetings
Book Club #3 The Bookies	Jane Havens Barb Towey	1 st Thursday, 1:00 p.m. members host	ZOOM Meetings
Brain Games	Jacqueline Frank	3rd Wednesday, 10:00 a.m. members host	2 – 3 times per week, members are sent a puzzle to solve
Bridge (marathon)	Frank Kelcey	September to April, as scheduled	Not organized. BBO, Trickster used by individuals.
Bridge for beginners	None at present	September to April	
Chess	Ed and Jo Taylor	Every Tuesday evening at 7:00 p.m., Taylor's house	Will play outside in fine weather
Classical Music	Nan Mackenzie	1 st Tuesday, 10 a.m. to noon members host	Keeping in touch via e-mail
Cribbage	June Burt	2nd Wednesday, 1:00 p.m. members host	Inactive for now
Day Trippers	Jacqueline Frank	Varying dates as scheduled	Seasonal activity – likely to re-start
Euchre	Sandra Hunt Dorothy Shrigley	3 rd Wednesday, 1.00 – 1.30 start. Members host	None at present but is organizing for a re-start when it is safe to do so.

Euchre 2	Pat and Gerry Henderson	4th Thursday, 2:00 p.m. Centennial	Will play outside in warmer weather
Golf (jointly with Whitby Club)	Jack Cadan	Once per week, April to Thanksgiving	Fine weather only, will be starting soon
Garden/Nature Club	Jacqueline Frank	Varying dates as scheduled	seasonal activity – likely to re-start
Hand and Foot Card Game	Kathy Brown	3 rd Wednesday, 1:00 p.m. members host	Played outdoors in fine weather, keeps in touch via phone
Lawn Bowling	Gord Terwillegar	Spring to Fall, as scheduled	Seasonal activity – likely to re-start
Lunch Group	Connie Nelson	3 rd Tuesday, noon, various restaurants	When weather warms up will meet outdoors once a month, max 6 people, bring their own lunch
Mah Jongg	Alecia Minosora	Every second Monday members host	Inactive for now
Movie Group	Mary Gibson	Every Friday morning, first showing of the day	Friday night at the Movies discussion via ZOOM Group meets every 2 weeks and they watch a specific movie on Netflix prior to ZOOM meeting.
Classical Music Appreciation	None at present	To be determined	Group isn't up and running yet
Poker #1 (evening)	Allan Anderson	2 nd Wednesday, 7:00 p.m. members host	None at present but is considering ZOOM for social contact (not playing poker)
Poker #2 (afternoon)	Vicky and Gerry Paquette	3 rd Tuesday, 1:00 p.m. Centennial	Inactive for now
Scrabble	Judy Bryson	Monthly, as decided by members, members host	Keep in touch via phone
Urban Pole Walking	Sharon Smith	Every Monday, Wednesday and Friday, 9:30 a.m. as scheduled, weather permitting	Following provincial guidelines by walking in smaller groups and in pairs.

Vintage Tastings	Jane Havens	3rd Thursday, 3:00 p.m. members host, wineries and breweries (not every month)	Inactive for now
Wine and Dine	Catherine Frost	2nd Thursday, 5:45 p.m. various restaurants	Inactive for now
Wine Appreciation	Bernice Burke	1st Tuesday, 3:00 p.m. members host	ZOOM Meetings
Yarn Divas (Knitting and Crocheting)	Barb Jones	1 st Wednesday, 10:00 a.m. Members' homes or Centennial	ZOOM Meetings